

	Random sequence generation (selection bias)	Allocation concealment (selection bias)	Blinding of participants and personnel (performance bias)	Blinding of outcome assessment (detection bias)	Incomplete outcome data (attrition bias)	Selective reporting (reporting bias)	Other bias
Banaei 2022	+	+	-	+	+	+	+
Hrdy 2025	+	+	-	+	+	+	+
Kadamani 2014	-	-	-	?	+	+	?
Lee 2022	+	+	-	+	+	+	+
McNelly 2020	+	+	-	+	+	+	+
Panwar 2024	+	+	-	+	+	+	+
Yao 2025	+	+	-	+	+	+	?

Supplement Fig. 2. Risk of bias assessment using the Cochrane Risk of Bias 1.0 tool for randomized controlled trials evaluating continuous versus intermittent enteral feeding in critically ill adult patients (KQ6).