

Supplement Table 11. Summary of clinical outcomes comparing continuous versus intermittent enteral feeding in critically ill adult patients (KQ6)

Authors (year)	Group	No	Hospital mortality (n)	ICU mortality (n)	HLOS (day) (mean±SD)	ICU LOS (day) (mean±SD)	Pulmonary aspiration (n)	Vomiting (n)	Constipation (n)	Diarrhea (n)
Banaei et al. 2022 [70]	Inter.	31			8.74±6.95	6.32±6.46	0		14	
	Con.	25			10.00±7.58	6.28±7.77	3		9	
Kadamani et al. 2014 [71]	Inter.	15					0	1	10	2
	Con.	15					0	1	3	5
Panwar et al. 2024 [72]	Inter.	59			12±8.9	7±5.9				
	Con.	61			13±11.1	7±3.7				
Yao et al. 2025 [73]	Inter.	69	9		31±17	22±12.6				
	Con.	65	6		35±26.7	24±14.8				
Lee et al. 2022 [74]	Inter.	50		16			2	7	28	22
	Con.	49		24			0	8	22	22
Hrdy et al. 2025 [75]	Inter.	148	46		18±13.3	12±7.4	0	7		7
	Con.	148	40		17±13.3	13±7.4	0	11		16
McNelly et al. 2020 [76]	Inter.	59	19	16	26±74.4	12±37.4				
	Con.	62	23	18	22±134.3	13±68.4				

ICU, intensive care unit; H, hospital; LOS, length of stay; SD, standard deviation; Inter., intervention; Con., control.

