

Supplement Table 44. ASPEN consensus criteria for identifying adult patients at risk of refeeding syndrome (KQ18)

	Moderate risk: 2 risk criteria needed	Significant risk: 1 risk criteria needed
BMI	16–18.5 kg/m ²	<16 kg/m ²
Weight loss	5% in 1 month	5% in 3 months or >10 % in 6 months
Caloric intake	None or negligible oral intake for 5–6 days OR <75% of estimated energy requirement for >7 days during an acute illness or injury OR <75% of estimated energy requirement for >1 month	None of negligible oral intake for >7 days OR < 50% of estimated energy requirement for > 5 days during and acute illness or injury OR <50 % of estimated energy requirement for > 1 month
Abnormal prefeeding K, P or Mg serum concentrations	Minimally low levels or normal current levels and recent low levels necessitating minimal or single-dose supplementation	Moderately/significantly low levels or minimally low or normal levels and recent low levels necessitating significant or multiple-dose supplementation
Loss of subcutaneous fat	Evidence of moderate loss	Evidence of severe loss

ASPEN, American Society for Parenteral and Enteral Nutrition; BMI, body mass index; K, potassium; P, phosphorus, Mg, magnesium.