

Supplement Table 55. Summary of clinical outcomes from randomized controlled trials comparing early versus delayed enteral nutrition in patients with traumatic brain injury (KQ22)

Study (year)	Group	Total No	ICU mortality	In-hospital mortality	28-day mortality	ICU LOS (day)	Hospital LOS (day)	VAP	Non-VAP	UTI	Bacteremia	CNS infection	Feeding intolerance	Diarrhea	Constipation
Chourdakis 2012 [349]	EEF	34	3	3		24.8±7.6		13	7	3	3	2	3	4	1
	DEF	25	2	2		28.5±8.9		12	8	3	4	2	3	3	1
Wang 2023 [350]	EEF	77		2	2		23.4±3.7								
	DEF	75		11	11		24.2±3.9								

Data are reported as mean±SD.

ICU LOS, intensive care unit length of stay; VAP, ventilator-associated pneumonia; UTI, urinary tract infection; CNS, central nervous system; EEF, early enteral feeding; DEF, delayed enteral feeding; SD, standard deviation.

