

Supplement Table 57. Characteristics of studies evaluating early versus delayed enteral nutrition in critically ill adult patients with sepsis (KQ23)

Authors (year)	Study population	Study design	Study protocol		No of patients			Outcome variable
			Inter.	Con.	Total	Inter.	Con.	
Liu, et al., 2020 [358]	Patients with sepsis on MV	Prospective comparative study	EN within 48 hr	EN after 48 hr	53	25	28	MV days, ICU LOS, hospital LOS
Sun, et al., 2019 [359]	Adult ICU patients diagnosed as sepsis	Randomized controlled trial	EN within 48 hr	EN started on the 4th day	53	26	27	MV days, ICU LOS, 28-day mortality
Jiang, et al., 2020 [360]	Adult ICU patients with sepsis	Prospective comparative study	EN within 24 hr	EN after 24 hr	163	85	78	ICU LOS, hospital LOS, 28- day mortality, Hospital mortality
Koga, et al., 2018 [361]	Adult ICU patients with sepsis	Retrospective study	EN within 48 hr	EN after 48 hr	91	35	56	Hospital mortality
Sun, et al., 2017 [362]	Adult septic patients who stayed ICU for more than 48 hr	Retrospective study	EN within 72 hr	EN started on the 4th day	82	46	36	ICU LOS, 28-day mortality
Patel, et al., 2020 [366]	Medical ICU, at least 18 years of age with septic shock, MV within 24 hr of ICU adm.	Randomized controlled trial	EN within 24 hr after randomization	EN withheld until vasopressor support stopped for at least 3 hr	31	15	16	Hospital mortality

Inter., intervention; Con., control; MV, mechanical ventilation; EN, enteral nutrition; ICU, intensive care unit; LOS, length of stay.

